



## ORAL SURGERY ASSOCIATES & DENTAL IMPLANT CENTERS

### Frequently Asked Questions

**How long will I be numb?**

**Numbness can usually last from 3-12 hours after surgery, depending on the local anesthetic given.**

**When will I be able to start physical activities like the gym or sports?**

**After one week of recovery, you can then go back to normal activity.**

**When can I start eating normal foods?**

**Avoid chewing for the first day, soft foods only. After the second day you can start eating solid foods if you are feeling up to it.**

**When will the swelling go down?**

**Usually on the third day swelling will peak. Each day after, the swelling should go down. Sometimes it can take up to a week for swelling to fully dissolve.**